



A relationship skills building course for military Veterans and spouses coping with the impact of deployment, military service, post-traumatic stress, operational stress or traumatic brain injury.

Presented by Virginia Veteran and Family Support

**DATE :** March 18-20, 2016

**TIME :** Starts March 18, 6pm | Ends on March 20 at 12 Noon  
(Registration 4-6pm, Friday)

**LOCATION:** Courtyard by Marriott Fredericksburg  
620 Caroline Street  
Fredericksburg, VA 22401

**COST:** \$25 registration fee per couple (refundable upon completion)

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To register, contact Kimberly Fitzwater  
540-273-4733  
[kfitzwater@racs.state.va.us](mailto:kfitzwater@racs.state.va.us)